



# Start the ball rolling

## for the table

- **OLD SCHOOL ANTIPASTO** / 16.95  
mortadella / salami / prosciutto / provolone / mozzarella / roasted peppers / stuffed cherry peppers / marinated mushrooms
- **ARANCINI** / 10.95  
oven-dried tomato / basil / parmesan / pesto
- **STUFFED WHOLE ARTICHOKE** / 14.95  
garlic / olives / caper / parsley / parmesan / white wine / lemon
- **CALAMARI** / 14.95  
fried / hot cherry peppers
- **MUSSELS FRA DIAVOLO** / 12.95  
chili pepper / tomato / crusty bread

**(GF)** Gluten-free

**(V)** Vegan

**(N)** Contains nuts

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Before placing your order, please inform your server if anyone in your party has a food allergy.

## bread

- **DELUXE** / 9.95  
garlic butter / gorgonzola / roasted red peppers
- **SPIEDINI ALLA ROMANA** / 9.95  
fried mozzarella sandwich / anchovy butter
- **BRUSCHETTA** / 8.95  
vine tomatoes / chive / garlic / balsamic
- **GARLIC** / 7.95  
parmesan / garlic butter / sea salt

## t-balers

under 12 / 10.50

- **"BALLIN" MAC & CHEESE** choice of ball
- **CHICKEN TENDERS** fries
- **KID'S PASTA & BALL** choice of ball, pasta, sauce
- **KID'S SLIDER** fries, choice of ball

## mbk faves

- **POLENTA FRIES (GF)** / 8.95  
nono's san marzano tomato sauce / rosemary salt
- **FRIED BRUSSELS SPROUTS (GF)** / 8.95  
bacon butter / crisp shallots
- **MOZZARELLA BALLS** / 9.95  
nono's san marzano tomato sauce / chili pepper
- **MEATBALL CONES** / 10.95  
served in a savory waffle cone (3)  
classic meatball / ricotta / sauce / fontina fondue / parmesan sprinkles

# Keep things rolling

## salads / 9.95

- **CAPRESE (GF)** cherry tomatoes / mozzarella balls / pesto / sea salt
- **CAESAR\*** romaine / garlic dressing / anchovy / lemon / croutons
- **CHOPPED (GF)** feta / nicoise olives / salad bar veggies / oregano vinaigrette
- **ARUGULA (GF)** oven-dried tomato / artichoke heart / caper / shaved parmesan / lemon vinaigrette
- **WEDGE (GF)** gorgonzola vinaigrette / pancetta / roasted red peppers / blistered tomatoes / pepperoncini

## soups / 7.95

- **WEDDING SOUP** chicken broth / fried veal balls / escarole / parmesan / truffle oil / acini di pepe
- **PASTA E FAGIOLI** cannellini / salt pork / chicken broth / carrots / celery / ditalini / garlic / tomato

## cutlets

pounded / breaded / fried to order

- **VEAL** / 22.95
- **CHICKEN** / 16.95
- **PORK** (bone in) / 18.95
- **EGGPLANT** / 14.95
- **SHRIMP** / 18.95

**MILANESE -**

arugula / lemon juice / shaved parmesan

**PARMESAN -**

fresh tomato sauce / house made mozzarella

## sides / 7.00

- zucchini chips (GF) (V)
- spaghetti
- rigatoni
- penne (GF)
- creamy polenta (GF)
- hand-cut parmesan fries (GF)
- olive oil whipped potatoes (GF)
- garlic rapini (GF)

# EAT, DRINK, & HAVE A BALL!

(GF) Gluten-free (V) Vegan (N) Contains nuts

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# We're serious about balls

## Choose a ball

- **BEEF (GF)** 100% black angus / parmesan / oregano / ricotta
- **CLASSIC (GF)** “trinity” of meat - beef / pork / veal / fennel pollen
- **CHICKEN (GF)** grain-fed poultry / roasted garlic / sage / romano
- **PORK (GF)** pork shoulder / chilis / cilantro / cracked pepper
- **VEGGIE** eggplant / white beans / basil / roasted garlic / parmesan
- **VEGAN (GF)** beet / wild rice / corn / roasted vegetables

## Pick a sauce

- fresh tomato sauce **(GF) (V)**
- fra diavolo **(GF) (V)**
- nono's san marzano tomato sauce **(GF)**
- pesto (no nuts) (+1.50) **(GF)**
- alfredo
- truffle parmesan (+1.50)

## Select a style

- **GRINDER** / 12.95  
3 balls / fresh mozzarella / sauce
- **FRIED DOUGH PIZZA** / 11.95  
2 balls / sauce / fresh mozzarella
- **BALLS & ALL** / 18.95  
3 balls / sauce / choice of side

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## Baller's pick

*the* **mbk sampler** / 17.95

- 6 balls: beef / classic / chicken / pork / veggie / vegan
- 6 sauces: fresh tomato / fra diavolo / pesto / alfredo / nono's san marzano tomato sauce / truffle parmesan
- no substitutions

# More than just balls...

## pasta

- **LINGUINE VONGOLE** / 17.95  
clams / oregano / white wine
- **GNOCCHI BOLOGNESE** / 18.95  
meat sauce / rosemary / ricotta
- **SHRIMP PUTTANESCA** / 19.95  
tomatoes / capers / olives / anchovy / basil / spaghetti
- **RAPINI & SAUSAGE** / 16.95  
orecchiette / pecorino / cracked pepper / hot & sweet sausage / rapini
- **TORTELLINI ALFREDO** / 16.95  
roasted garlic / cracked pepper / broccoli / chicken

## family style

serves 4-5 people

- **BRAISED MEATS** / 22.95  
braciole / sausages / classic meatballs / nono's san marzano tomato sauce / parmesan
- **BAKED ZITI** / 15.95  
fresh mozzarella / nono's san marzano tomato sauce
- **ESCAROLE** / 12.95  
braised escarole / cannellini beans / roasted garlic / chicken broth
- **MEATBALL PLATTER (6)** / 23.95  
choice of meatball,

## entrees

- **VEAL SALTIMBOCCA** / 24.95  
prosciutto / sage / escarole / fingerling potatoes
- **ROASTED PORK CHOP (GF)** / 19.95  
vinegar peppers / roasted potatoes / oven-dried tomato
- **BRACIOLE PIZZAIOLA (GF)** / 19.95  
mushrooms / peppers / onions / san marzano tomatoes / oregano
- **ROASTED SAUSAGE PLATE (GF)** / 17.95  
hot & sweet sausage / peppers / onions / creamy polenta / garlic oil
- **ZUPPE DI PESCE (for 2)** / 44.95  
lobster / shrimp / clams / mussels
- **FRIED SHRIMP CACCIATORE** / 22.95  
fresh tomato sauce / peppers / onions / mushrooms / capers

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## mbk signature combo / 14.95

cured meats / provolone / giardiniera / hot pepper spread / marinated vegetables / italian sub



# Before you roll out the door

## dessert / All dessert products may contain tree nuts or peanuts.

### • CHEESECAKE BALLS / 6.95

chocolate fudge sauce / strawberry sauce / caramel

### • ICE CREAM SANDWICHES / 6.95

#### *Choose a "holder"*

- chocolate chip cookie
- oatmeal raisin cookie
- white chocolate macadamia nut cookie

#### *Pick a flavor*

- vanilla
- chocolate
- espresso
- dulce de leche
- pistachio

### • FRIED DOUGH SUNDAE / 6.95

fudge sauce / cream / cherry

- add walnuts (+1.25)

#### *Pick a flavor*

- vanilla
- chocolate
- espresso
- dulce de leche
- pistachio

### • AFFOGATO / 5.00

shot of espresso / ice cream

#### *Pick a flavor*

- vanilla
- chocolate
- espresso
- dulce de leche
- pistachio

### • ULTIMATE ICE CREAM SANDWICH / 24.95

12" diameter / feeds 4-6 / chocolate chip cookie only / choice of gelato

### • SPUMONI / 5.95

### • SPAGHETTI GELATO FOR TWO / 14.95

vanilla gelato / strawberry sauce / white chocolate

### • K9 BALLS / 6.50

can't forget fido!



#### WESTERN MASS

2000 Boston Road / Wilbraham, MA 01095 / (413) 271-1251

#### EASTERN MASS

Natick Mall / 1245 Worcester Street / Natick, MA 01760 / (508) 545-1106

[meatballkitchens.com](http://meatballkitchens.com)